

## Appendix D

### Nestlé Healthier Dietary Choices Criteria

	100% Juice	Choc. Ready-to-Drink & Powdered – Flavored Milk*	Calcium Fortified Low-Fat Milk**	Push-Up®
Per Serving				
Calories	≤ 170 kcal	≤ 170 kcal	≤100 kcal	≤100 kcal
Total Fat	0 g	≤3 g	≤2.5g	≤3.5 g
Sat. Fat	0 g	≤2 g	≤1.5g	≤2g
Trans Fat	0 g	0 g	0g	0g
Sodium	≤70 mg	≤140 mg	≤125mg	≤70mg
Added Sugars***	No sugar added	≤12.5 g****	No sugar added	≤12.5g
Positive Nutrient	≥ 10% DV for 1 nutrient	≥ 10% DV for 1 nutrient	≥ 10% DV for 1 nutrient	≥10% DV for 1 nutrient

\*Powdered flavored milk is evaluated against criteria “as consumed”, once reconstituted in fat-free or low-fat milk.

\*\*Calcium-Fortified Low-fat Milk. 10% DV more calcium per serving (40%) vs. regular low-fat milk (30%).

\*\*\*Excludes sugars naturally occurring in fruits, vegetables, and dairy.

\*\*\*\*For the powdered flavored milk category, on label dual nutrition facts information is provided for “as purchased” and “as prepared.” The total sugars value for the “as purchased” would be equal to added sugars in this case. Due to FDA rounding rules, the nutrition facts panel could declare up to 13 grams of total sugars and still meet the criteria outlined above.